

# NPHS NEWSLETTER

## **Monday, January 10**

- Track and Field Callout Meeting 8:00am in the aux gym
- English Academic Bowl Practice 3:10pm in Rm A2
- School Board Meeting 6:30pm at central office

## **Tuesday, January 11**

- Student Liaison Meeting 7:40am in the conference room

## **Wednesday, January 12**

- NO IN PERSON CLASSES (eLearning Day)

## **Thursday, January 13**

- Posey County Community Foundation Scholarship Meeting for interested seniors at 8:00am in the auditorium

## **Friday, January 14**

- PEERS Project Lunch Meeting in Rm M13

## **Important Future Dates:**

January 17: NO SCHOOL (MLK Day)

January 21: Homecoming

February 11: ALL Raffle tickets and money due. This includes sold & unsold tickets \*\*\*Pink Out Night at Boys Basketball

# North Posey Cheer Clinic 2022

**When?** Saturday, February 19, 2022, from 8:00 AM until 11:30 AM

**Where?** North Posey High School (enter through entrance 11)

**Registration:** Begins @ 8:00 AM

*Please make sure your child has eaten breakfast BEFORE the clinic!*

**Material Showcase:** Begins @ 11:00 AM

**K-2/3-5 Performance:** JV Halftime – game @ 5:30 PM arrive @ 5:15 PM

**6-8 Performance:** Varsity Halftime – game @ 7:00 PM arrive @ 6:45 PM



## How to participate in the NPHS Cheer Clinic:

- Must pre-pay and return money with a completed permission slip by **Friday, February 4, 2022**
- Cost is \$25.00 per participant
  - o Make checks payable to North Posey High School with Cheer Clinic in the memo
- Wear black shorts/pants/leggings, tennis shoes, and hair up out of the face
- **If you have any questions or concerns, email Stephanie Cox at [scox@northposey.k12.in.us](mailto:scox@northposey.k12.in.us)**

## What do I learn/receive at the NPHS Cheer Clinic?

- All paid attendees receive a t-shirt and bow (if registered on time)
- Participate in stunt, cheer, chant, jump, and routine stations
- Learn a performance piece for the halftime of a JV or Varsity game

Cut on the line and keep the top portion for your records, please!

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Please, return the bottom portion to your school's office with payment.

## North Posey Cheer Clinic 2022 Permission Slip

**Participant Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **School:** \_\_\_\_\_

**T-Shirt Size (circle one)**      **Child:**   S (6-8)   M (10-12)   L (14-16)   **Adult:**   S   M   L   XL

Knowingly, and at my child's own risk, I hereby allow my child to attend the NPHS Cheer Clinic held on Saturday, February 19, 2022. I do hereby waive and release any and all claims for injuries that may occur as a direct result of my child's participation in this event, against the MSD of North Posey and all staff associated with the 2022 Cheer Clinic.

**Parent/Guardian Name:** \_\_\_\_\_ **Contact Number:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please list any medical problems/concerns we need to be aware of: (asthma, diabetes, allergies, etc.)**

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Please, make checks payable to North Posey High School with Cheer Clinic in the memo.

If you have any questions or concerns, please email Stephanie Cox at [scox@northposey.k12.in.us](mailto:scox@northposey.k12.in.us)

\*\*\*COVID-19: Full or partial refunds may be available due to cancellations but are not a guarantee.\*\*\*

# HOSA Fundraiser



## Drop Your Gently Worn, Used and New Shoes For

North Posey High School  
HOSA: Future Health Professionals

Help us raise funds for our organization by  
donating your gently worn,  
used and new shoes!

And don't forget to ask friends, family,  
neighbors and co-workers to donate too!

## Collection Dates

December 1- February 28

Shoes of ALL varieties: Dress shoes, tennis shoes, boots, sandals, etc. Send them to the high school or email me and I can come collect them from you if you don't have time to drop off.

HOSA is a club for students who want to pursue a career in the medical field and compete at the state level.

Contact

Natalie Macaulay  
nmacaulay@northposey.k12.in.us

Thank you for your support!

Collected shoes are used to support micro-enterprise vendors. Micro-enterprises are small businesses in developing nations. They are typically operated by one person or family and friends, depending on size.

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APRIL 2, 2022

VIKING FOOTBALL  
DINNER AND AUCTION

EVERYONE IS WELCOME!

\*MORE DETAILS TO FOLLOW\*



# Seniors! Have you.....

Filed FAFSA

☐

Ordered graduation cap  
and gown?

☒

Submitted a baby  
picture and activity sheet  
to the yearbook staff?

☐

Ordered a yearbook?

☐

Continued your search  
for scholarships?

☐

# North Posey Jr High and High School

Menu are Subject to change without notice

## Breakfast Menu January 2022

3	Fruit Frudel Assorted fruit and 100% fruit Juice	4	Cinnamon Roll Assorted fruit and 100% fruit Juice	5	Yogurt/ Fruit Parfait Assorted fruit and 100% fruit Juice	6	Bacon/Cheese/Egg Biscuit Sandwich Assorted fruit and 100% fruit Juice	7	French Toast Sticks Assorted fruit and 100% fruit Juice
10	Pancake on a Stick Assorted fruit and 100% fruit Juice	11	Breakfast Bar Assorted fruit and 100% fruit Juice	12	No School E-Learning/Staff Development	13	Sausage Egg Cheese Biscuit Sandwich Assorted fruit and 100% fruit Juice	14	Cinnamon Roll Assorted fruit and 100% fruit Juice
17	No School Martin Luther King Jr Day	18	Bacon Egg Cheese Biscuit Sandwich Assorted fruit and 100% fruit Juice	19	Fruit/Yogurt Parfait Assorted fruit and 100% fruit	20	Maple Burst Pancakes Assorted fruit and 100% fruit Juice	21	Breakfast Pizza Assorted fruit and 100% fruit Juice
24	Sausage Egg Cheese Biscuit Sandwich Assorted fruit and 100% fruit Juice	25	French Toast Sticks Assorted fruit and 100% fruit Juice	26	Yogurt/Fruit Parfait Assorted fruit and 100% fruit Juice	27	Donut Holes Assorted fruit and 100% fruit Juice	28	Cinnamon Roll Assorted fruit and 100% fruit Juice
31	Breakfast Bar Assorted fruit and 100% fruit Juice	1	Sausage/Egg/Cheese Biscuit Assorted fruit and 100% fruit Juice	2	Glazed Donut Assorted fruit and 100% fruit Juice	3	Breakfast Pizza Assorted fruit and 100% fruit Juice	4	French Toast Sticks Assorted fruit and 100% fruit Juice

Pick 2 Options Daily:

Cereal  
String Cheese  
Yogurt

Scooby Snacks  
Muffin  
PopTart

**BREAKFAST FREE FOR ALL STUDENTS!!**

- Skim Milk and Flavored Skim Milk offered Daily.
- As well as selection of fruit and 100% fruit juices.

# North Posey Jr High and High School

Menus are Subject to change without notice

## Lunch Menu January 2022

3	4	5	6	7
Chicken Fajita Quesadilla	Chicken Nuggets w/Roll	Orange Chicken w/Lo Mein Noodles	***Tortilla Bar***	Max Sticks
Mexi Corn	Mashed Potatoes	Roasted Carrots	Choose: Soft Taco or Nacho Chips	Tater Tots
			Refried Beans	
10	11	12	13	14
Country Fired Steak W Gravy Roll	Chicken Bacon Ranch Flatbread	No School	***Tortilla Bar***	Chicken Tenders Roll
Mashed Potatoes	California Blend	E-Learning/Staff Development	Choose: Soft Taco or Nacho Chips	Roasted Diced Potatoes
			Refried Beans	
17	18	19	20	21
No School	BBQ Chicken Flatbread	Chicken Nuggets Biscuit	***Tortilla Bar***	BBQ Meatballs Breadsticks
Martin Luther King Jr. Day	Potato Salad Baked Beans	Green Beans Corn	Choose: Soft Taco or Nacho Chips	Mashed Potatoes
			Refried Beans	
24	25	26	27	28
Roasted Chicken Drumstick Biscuit	Bosco Sticks	Chicken Tenders Roll	***Tortilla Bar***	Mini Corn Dogs
Mashed Potatoes	Tater Tots	Glazed Carrots	Choose: Soft Taco or Nacho Chips	Waffle Fries
			Refried Beans	
31	1	2	3	4
Boneless Wings w/ Mac n Cheese	Loaded Tater Tots w/Popcorn Chicken	Lasagna Breadstick	***Tortilla Bar***	Bacon Cheeseburger
Corn	Roasted Carrots	Green Beans	Choose: Soft Taco or Nacho Chips	Baked Beans
			Refried Beans	

### Daily Entrees...

- Chicken Sandwich
- Spicy Chicken Sandwich
- Cheeseburger
- Homemade Pizza

Assorted Fruit and Cold Veggies available Daily  
Low-fat Milk Available – Chocolate and White

### Daily Cold Bar Options:

Grab and Go Sub lunch Pack  
Assorted Salads

100% Fruit Juice available at lunch

# COLLEGE VISITS

April 30 Deadline

## College Campus Visits

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- Seniors are allowed two campus visits and must be taken by April 30.
- Juniors are allowed one campus visit and must be taken by April 30.
- Arrange an appointment by contacting the admissions office at the college.
- Students must provide their counselor with written notification from a parent stating the college, time, and date of a visit AT LEAST 3 SCHOOL DAYS IN ADVANCE of the visit.
- Get a blue slip from your counselor to take with you for a college representative to sign.
- Return the signed slip to your counselor the day after the visit.
- Failure to return the blue slip could result in an unexcused absence.
- These days will not count against the final exam exemption policy provided the above steps are followed.

## Post-Secondary Information

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**Trip To College Text Alerts are available for students in grades 7-12.** Each month, the Indiana Youth Institute sends three to four grade-specific messages with helpful tips, reminders and resources that will help youth prepare for postsecondary education. We encourage adults and students to sign up and follow along with the messages. Just text "grad" plus a student's graduation year to 69979 (ex: grad2022). Messages can serve as great discussion starters, research assignments or writing prompts.

**Transcripts:** Transcripts from North Posey High School are sent electronically through Parchment. All you have to do is look for the Transcript Requests link under the Guidance Department on the North Posey web site [www.northposey.k12.in.us](http://www.northposey.k12.in.us) and create an account. The state of Indiana will cover the cost for all electronic transcripts delivered to all colleges and the NCAA Eligibility Center for free for current high school students. You'll get an email when each transcript is sent, and for colleges that accept transcripts electronically, when they receive it as well. If you need a transcript for a scholarship, insurance discount, employment, or any other reason, please come to the Guidance Office and request it.

**Ivy Tech's Associate Accelerated Program (ASAP):** As you are planning for your future, consider this program offered at Ivy Tech that allows students to earn a two-year associates degree in just one year. Visit [www.ivytech.edu/asap](http://www.ivytech.edu/asap) for more information.

**21<sup>st</sup> Century Scholars:** Visit the 21<sup>st</sup> Century Scholars website for a comprehensive resource for parents and students. You'll find tools and materials to help guide scholars in completing the necessary requirements and earning their scholarships. Visit <https://secure.in.gov/apps/che/scholartrack/>

**SAT/ACT Information:** It is recommended for juniors who are planning to attend college to take the SAT and/or the ACT at least once by the end of their junior year. To register visit <http://sat.collegeboard.org/> for the SAT. To register for the ACT, visit [www.actstudent.org](http://www.actstudent.org). It's important to plan for these exams in advance because they are only offered on Saturday mornings October through June one time per month. Several colleges have early deadlines for admission and scholarship consideration.