NPHS NEWSLETTER

Monday, January 24

 NO SCHOOL (eLearning Day due to Covid)

Tuesday, January 25

 NO SCHOOL (eLearning Day due to Covid)

Wednesday, January 26

 NO SCHOOL (eLearning Day due to Covid)

Thursday, January 27

HOSA Meeting at 7:30am in Rm B21

Friday, January 28

Yearbook Field Trip

February 10th will now be an eLearning Day

Important Future Dates:

<u>February 1</u>: ASVAB Testing --Contact Mrs. Bretz at rbretz@northposey.k12.in.us if you have any questions.

February 2: Red Cross Blood Drive--9:00am - 1:00pm Sign up in the high school office.

<u>February 11</u>: ALL Raffle tickets and money due. This includes sold & unsold tickets ***Pink Out Night at Boys' Basketball game.

Upcoming Session at NPHS

Feb 28

TO

March 11

3:15PM -6:15PM MONDAY- FRIDAY

Registration forms will be sent out in an upcoming newsletter.

*Must be 15 by Feb. 28

North Posey Cheer Clinic 2022

When? Saturday, February 19, 2022, from 8:00 AM until 11:30 AM

Where? North Posey High School (enter through entrance 11)

Registration: Begins @ 8:00 AM

Please make sure your child has eaten breakfast BEFORE the clinic!

Material Showcase: Begins @ 11:00 AM

K-2/3-5 Performance: JV Halftime – game @ 5:30 PM arrive @ 5:15 PM

6-8 Performance: Varsity Halftime – game @ 7:00 PM arrive @ 6:45 PM



How to participate in the NPHS Cheer Clinic:

- Must pre-pay and return money with a completed permission slip by Friday, February 4, 2022
- Cost is \$25.00 per participant
 - o Make checks payable to North Posey High School with Cheer Clinic in the memo
- Wear black shorts/pants/leggings, tennis shoes, and hair up out of the face
- If you have any questions or concerns, email Stephanie Cox at scox@northposey.k12.in.us

What do I learn/receive at the NPHS Cheer Clinic?

- All paid attendees receive a t-shirt and bow (if registered on time)
- Participate in stunt, cheer, chant, jump, and routine stations
- Learn a performance piece for the halftime of a JV or Varsity game

Cut on the line and keep the top portion for your records, please!

Please, return the bottom portion to your school's office with payment.

North Posey Cheer Clinic 2022 Permission Slip

| Participant Name: | icipant Name: | | | | Grade: | | | : | |
|--|---------------|---------|-----------|-----------------|--------|---|---|---|------|
| T-Shirt Size (circle one) | Child: | S (6-8) | M (10-12) | L (14-16) | Adult: | S | М | L | XL |
| Knowingly, and at my child's own risk, I hereby allow my child to attend the NPHS Cheer Clinic held on Saturday, February 19, 2022. I do hereby waive and release any and all claims for injuries that may occur as a direct result of my child's participation in this event, against the MSD of North Posey and all staff associated with the 2022 Cheer Clinic. | | | | | | | | | |
| Parent/Guardian Name: | | | | Contact Number: | | | | | |
| Signature: | | | | | | | | D | ate: |
| Please list any medical problems/concerns we need to be aware of: (asthma, diabetes, allergies, etc.) | | | | | | | | | |
| | | | | | | | | | |

Please, make checks payable to North Posey High School with Cheer Clinic in the memo.

If you have any questions or concerns, please email Stephanie Cox at scox@northposey.k12.in.us
COVID-19: Full or partial refunds may be available due to cancellations but are not a guarantee.

HOSA Fundraiser



Drop Your Gently Worn, Used and New Shoes For

North Posey High School HOSA: Future Health Professionals

Help us raise funds for our organization by donating your gently worn, used and new shoes!

And don't forget to ask friends, family, neighbors and co-workers to donate too!

Collection Dates

December 1- February 28
Shoes of ALL varieties: Dress shoes, tennis shoes, boots, sandals, etc. Send them to the high school or email me and I can come collect them from you if you don't have time to drop off.

HOSA is a club for students who want to pursue a career in the medical field and compete at the state level.

Contact

Natalie Macaulay nmacaulay@northposey.k12.in.us

Thank you for your support!

Collected shoes are used to support micro-enterprise vendors.

Micro-enterprises are small businesses in developing nations.

They are typically operated by one person or family and friends, depending on size.



APRIL 2, 2022

VIKING FOOTBALL DINNER AND AUCTION

MORE DETAILS TO FOLLOW



Seniors! Have you.....



Ordered graduation cap and gown?



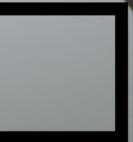
Submitted a baby picture and activity sheet to the yearbook staff?



Ordered a yearbook?



Continued your search for scholarships?



North Posey Jr High and High School **Breakfast Menu January 2022** Menu are Subject to change without notice Fruit Frudel Cinnamon Roll Yogurt/ French Toast Sticks Bacon/Cheese/Egg Fruit Parfait **Biscuit Sandwich** Assorted fruit and 100% fruit Juice Pancake on a Stick **Breakfast Bar** Sausage Egg Cheese Cinnamon Roll No School **Biscuit Sandwith** Assorted fruit and Assorted fruit and Assorted fruit and 100% fruit Juice E-Learning/Staff Assorted fruit and 100% fruit Juice 100% fruit Juice Developement 100% fruit Juice 21 No School **Bacon Egg Cheese** Fruit/Yogurt **Maple Burst Pancakes Breakfast Pizza Biscuit Sandwich Parfait** Martin Luther King Jr Assorted fruit and Assorted fruit and Assorted fruit and Assorted fruit and 100% fruit Juice 100% fruit Juice 100% fruit 100% fruit Juice 24 25 26 27 **Donut Holes** French Toast Sticks Yogurt/Fruit Sausage Egg Cheese Cinnamon Roll **Biscuit Sandwich** Parfait Assorted fruit and 100% fruit Juice Sausage/Egg/Cheese Breakfast Bar Breakfast Pizza **Glazed Donut** French Toast Biscuit Sticks Assorted fruit and 100% fruit Juice Pick 2 Options Daily: **BREAKFAST FREE FOR ALL STUDENTS!!** Cereal Scooby Snacks Skim Milk and Flavored Skim Milk String Cheese Muffin offered Daily. Yogurt **PopTart** As well as selection of fruit and 100%

fruit juices.

North Posey Jr High and High School **Lunch Menu January 2022** Menus are Subject to change without notice Chicken Fajita Chicken Nuggets **Orange Chicken** ***Tortilla Bar*** **Max Sticks** Quesadilla w/Roll w/Lo Mein Noodles Choose: Soft Taco or Nacho Chips **Tater Tots** Mexi Corn **Roasted Carrots Mashed Potatoes** Refried Beans **Country Fired Steak** Chicken Bacon No School ***Tortilla Bar*** **Chicken Tenders** W Gravy Roll Ranch Flatbread Roll E-Learning/Staff Choose: Soft Taco Development or Nacho Chips **Mashed Potatoes** California Blend **Roasted Diced** Refried Beans **Potatoes** 18 21 No School **BBQ** Chicken **Chicken Nuggets** ***Tortilla Bar*** **BBQ Meatballs** Breadsticks Flatbread **Biscuit** Martin Luther King Jr. Choose: Soft Taco or Potato Salad **Nacho Chips Green Beans Mashed Potatoes Baked Beans** Corn Refried Beans 24 25 26 27 28 ***Tortilla Bar*** **Roasted Chicken Bosco Sticks Chicken Tenders** Mini Corn Dogs Drumstick Roll **Biscuit** Choose: Soft Taco or **Nacho Chips Tater Tots Glazed Carrots** Waffle Fries **Mashed Potatoes** Refried Beans **Loaded Tater Tots** ***Tortilla Bar*** **Boneless Wings** Lasagna Bacon w/Popcorn Chicken w/ Mac n Cheese Breadstick Cheeseburger Choose: Soft Taco or Nacho Chips **Green Beans Baked Beans Roasted Carrots** Corn Refried Beans

Daily Entrees...

- Chicken Sandwich
- Spicy Chicken Sandwich
- Cheeseburger
- Homemade Pizza

Assorted Fruit and Cold Veggies available Daily Low-fat Milk Available - Chocolate and White

Daily Cold Bar Options:

Grab and Go Sub lunch Pack Assorted Salads

100% Fruit Juice available at lunch





College Campus Visits

- Seniors are allowed two campus visits and must be taken by April 30.
- Juniors are allowed one campus visit and must be taken by April 30.
- Arrange an appointment by contacting the admissions office at the college.
- Students must provide their counselor with written notification from a parent stating the college, time, and date of a visit AT LEAST 3 SCHOOL DAYS IN ADVANCE of the visit.
- Get a blue slip from your counselor to take with you for a college representative to sign.
- Return the signed slip to your counselor the day after the visit.
- > Failure to return the blue slip could result in an unexcused absence.
- These days will not count against the final exam exemption policy provided the above steps are followed.

Post-Secondary Information

Trip To College Text Alerts are available for students in grades 7-12. Each month, the Indiana Youth Institute sends three to four grade-specific messages with helpful tips, reminders and resources that will help youth prepare for postsecondary education. We encourage adults and students to sign up and follow along with the messages. Just text "grad" plus a student's graduation year to 69979 (ex: grad2022). Messages can serve as great discussion starters, research assignments or writing prompts.

Transcripts: Transcripts from North Posey High School are sent electronically through Parchment. All you have to do is look for the Transcript Requests link under the Guidance Department on the North Posey web site www.northposey.k12.in.us and create an account. The state of Indiana will cover the cost for all electronic transcripts delivered to all colleges and the NCAA Eligibility Center for free for current high school students. You'll get an email when each transcript is sent, and for colleges that accept transcripts electronically, when they receive it as well. If you need a transcript for a scholarship, insurance discount, employment, or any other reason, please come to the Guidance Office and request it.

Ivy Tech's Associate Accelerated Program (ASAP): As you are planning for your future, consider this program offered at Ivy Tech that allows students to earn a two-year associates degree in just one year. Visit www.ivytech.edu/asap for more information.

21st Century Scholars: Visit the 21st Century Scholars website for a comprehensive resource for parents and students. You'll find tools and materials to help guide scholars in completing the necessary requirements and earning their scholarships. Visit https://secure.in.gov/apps/che/scholartrack/

SAT/ACT Information: It is recommended for juniors who are planning to attend college to take the SAT and/or the ACT at least once by the end of their junior year. To register visit http://sat.collegeboard.org/ for the SAT. To register for the ACT, visit www.actstudent.org. It's important to plan for these exams in advance because they are only offered on Saturday mornings October through June one time per month. Several colleges have early deadlines for admission and scholarship consideration.