

OCTOBER 2023

PICK 2 You can always **Pick 2** for Breakfast in the Cafe

Choose breakfast entrée or Pick TWO* of the following: **cereal, pop tarts, oatmeal bars, muffins, string cheese, toast or yogurt.**

*No duplicates on cereal or yogurt
BIC Schools Have Daily Cereal Option

ACE'S CORNER

Breakfast Prices

Paid: \$1.50

Reduced: \$0.30

Lunch Prices

Paid: \$2.25

Reduced: \$0.40

Extra Milk Available for purchase \$0.50

Low Fat Milk & Fruit Juice offered with Breakfast and Lunch

Menus are subject to change without Notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon Sugar Donut 02 Chicken Nugget/Corn Muffin Sub Sandwich DIY Pizza Pack Turkey Chef Salad/Crackers Curly Fries, Celery Sticks, Fresh/Canned Fruit	Cinni Minni's 03 Chicken Patty on Bun Sub Sandwich Graham Cracker Pack Buffalo Pop Chix Salad/Cheez Its Glazed Carrots, Cucumbers, Fresh/Canned Fruit	Blueberry Muffin Tops 04 Bacon, Egg and Cheese Taco – Natl Taco Day! Sub Sandwich DIY Pizza Pack Taco Salad/Dorito Potato Smiles, Green Peppers, Fresh/Canned Fruit	Powder Sugar Donuts 05 Beef and Cheese Nachos Sub Sandwich Pretzel Pack Pop Chix Salad/Cheez its Refried Beans, Fresh Broccoli, Fresh/Canned Fruit	Waffles/Syrup 06 Bosco Sticks Sub Sandwich Muffin & Yogurt Pack Pizza Salad/Goldfish Corn, Fresh Carrots, Fresh/Canned Fruit
09	10	11	12	13
FALL BREAK – NO SCHOOL!	FALL BREAK – NO SCHOOL!	FALL BREAK – NO SCHOOL!	FALL BREAK – NO SCHOOL!	FALL BREAK – NO SCHOOL!
Apple Frudel 16 Mini Corndogs Sub Sandwich DIY Pizza Pack Turkey Chef Salad/Crackers Peas/Carrots, Fresh Broccoli, Fresh/Canned Fruit	Sausage Breakfast Pizza 17 Spaghetti and Meat sauce – Natl Pasta Day! Sub Sandwich Graham Cracker Pack Buffalo Pop Chix Salad/Cheez its Corn, Red Peppers, Canned/Fresh Fruit	Turkey Sausage, Egg and Cheese Biscuit 18 French Toast/Sausage Sub Sandwich DIY Pizza Pack Taco Salad/Doritos Potato Smiles, Edamame Beans, Fresh/Canned Fruit	Pancake on Stick/Syrup 19 Beef and Cheese Tacos Sub Sandwich Pretzel Pack Pop Chix Salad/Cheez its Refried Beans, Celery Stick, Fresh/Canned Fruit	Chocolate Crescent 20 Pizza Crunchers Sub Sandwich Muffin & Yogurt Pack Pizza Salad/Goldfish Green Beans, Cucumbers, Fresh/Canned Fruit
Chocolate Glazed Donut 23 Popcorn Chicken/Roll Sub Sandwich DIY Pizza Pack Turkey Chef Salad/Crackers Mashed Potatoes, Corn, Fresh/Canned Fruit	Cinni Minni's 24 Cheeseburger on Bun Sub Sandwich Graham Cracker Pack Buffalo Pop Chix Salad/Cheez its Glazed Carrots, Cucumbers, Canned/Fresh Fruit	Chocolate Muffin Tops 25 Mini Waffles/Sausage Sub Sandwich DIY Pizza Pack Taco Salad/Doritos Potato Smiles, Green Peppers, Fresh/Canned Fruit	26	Waffles/Syrup 27 Bosco Sticks Sub Sandwich Muffin & Yogurt Pack Pizza Salad/Goldfish Steamed Squash, Fresh Carrots, Fresh/Canned Fruit
Pumpkin Spice Glazed Donut 30 Salisbury Steak/Roll Sub Sandwich DIY Pizza Pack Turkey Chef Salad/Crackers Mashed Potatoes, Fresh Broccoli, Fresh/Canned Fruit	Sausage Breakfast Pizza 31 Grilled Cheese Sub Sandwich Graham Cracker Pack Buffalo Pop Chix Salad/Cheez its Glazed Carrots, Cucumbers, Canned/Fresh Fruit DIRT PUDDING PARFAIT!	Happy Natl Apple Month!	Celebrate by CRUNCHING into an apple!	